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Is It Legal to Release Kingsnakes Into The Wild For Rattlesnake Control?



CDFW photo by Raquel Elander

Releasing Wildlife

Q: Someone posted on Facebook that they were seeking a kingsnake to breed and release into the wild for rattlesnake control. Wouldn't that be illegal? Should I report the post to CDFW?

A: Yes, this would be illegal. Written authorization from the California Department of Fish and Wildlife (CDFW) is required to release animals into the wild. CDFW would not approve this release for two general reasons: (1) The risk of spreading pathogens and parasites and (2) The risk of introducing new genotypes into the environment which could impact

the species or ecosystem.

California kingsnakes are ubiquitous and habitat generalists. If a property doesn't already have California kingsnakes, then it's probably not suitable habitat. It wouldn't be a healthy environment for the snakes, and they probably wouldn't persist for long.

You can report release of captive wildlife through CalTIP, which stands for Californians Turn in Poachers and Polluters. Reports can be submitted anonymously. We genuinely appreciate your help in protecting against those who illegally harm the state's natural resources!

Kingsnake photo: Taken by CDFW

Scientific Aid Raquel Elander while investigating snake fungal disease.

Air Rifles

Q: Can I use a big-bore air rifle to hunt big game like wild pigs, deer and bears in California?

A: No, big-bore air rifles cannot be used for the take of big game species or migratory game birds. However, they can be used to take small game mammals and resident game birds.

The allowable "methods of take" for big game animals can be found in California Code of Regulations (CCR), Title 14, section 353. Air guns are not list-

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ed as an allowable method of take.

Note that air rifles are not considered “firearms” in California. Pre-charged pneumatics (PCP) big-bore air rifles use compressed air as a propellant to fire pellets.

Wildlife Violator Compact

Q: What is the Interstate Wildlife Violator Compact?

A: The Interstate Wildlife Violator Compact (IWVC) is an agreement between 49 states which allows for the reciprocal recognition of hunting and fishing license suspensions. If your license privileges have been suspended by another state, the suspension may be recognized here in California. For example, if your sport fishing or hunting privileges have been suspended in Colorado for five years, your privileges may also be suspended for five years in California or any of the states participating in the IWVC. The purchase of licenses or tags during the term of the suspension is a violation of the law and may result in prosecution. Licenses or tags purchased prior to or during a suspension are not refundable. Information on member states can be found on the National Association of Conservation Law Enforcement Chiefs website.

Over the years, CDFW has received occasional calls from hunters or anglers wondering why they were not allowed to purchase a hunting or fishing license at a California vendor. A common reason is that they have an unpaid citation in another state for something as simple as fishing without a license. That failure to take care of the fishing without a license citation would put them in the IWVC, which would prohibit them from purchasing a fishing license in California or any of the other participating 46 states until it is handled per the direction of the out-of-state court. ♦

If you have a question you would like to see answered in the California Outdoors Q and A column, email it to CalOutdoors@wildlife.ca.gov.

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Garden Longer with Less Muscle Strain & Fatigue

by Melinda Myers

KEEP GARDENING LONGER with less muscle strain and fatigue with these pain-free gardening techniques. You'll not only keep your garden looking its best but also make it a more enjoyable experience.

Keep tools handy to reduce the number of trips from the garden back to your garage or shed. A garden tool bag or bucket with a wrap-around tool organizer works well for small hand tools. Purchase a mobile garden tool caddy or convert a discarded wheeled golf bag, shopping cart, or wheeled trash bin into a tool caddy for long-handled tools. These make it easier to keep them handy as you move from garden to garden.

Store small tools right in the garden. Install an old mailbox in your garden filled with your favorite small hand tools and gloves. Then add a little paint or cover it with a mailbox planter or vine to make it an attractive and functional part of your landscape.

Keep tools clean and sharp. Regular maintenance will extend their life and improve their efficiency. It can also help reduce the risk of spreading disease.

Invest in ergonomic tools when replacement or new tools are needed. They have larger and softer handles for easier, less stressful gripping. Many are designed for the proper positioning of your body to reduce joint stress and fatigue. Longer handles extend your reach and help you retain good posture. Consider purchasing ratchet-type pruners designed to give you more cutting power with less effort.

Use wagons, carts, or old snow saucer-type sleds for moving heavy items to the garden. You'll need to make fewer trips, reduce muscle strain, and save energy when moving mulch, potted plants, and other items.

Divide heavy loads into smaller increments. You may need to make more trips, but it will be easier on your back and knees.

When shoveling, be sure to stand upright and take small scoops. Remember to pivot your body rather than twisting when emptying the load. Switch sides and take frequent breaks to reduce the risk of muscle strain, and fatigue.

Protect your knees with kneelers or wrap-around kneepads. No matter your age or physical ability you will benefit now and in the future by protecting your joints when gardening. These gardening accessories also reduce the pain and pressure on your joints. Kneelers with built-in handles make moving up and down easier, allowing you to garden longer.

Include a pair of safety glasses in your tool caddy. It is too easy to end up with a stick in the eye when pruning and working around trees and shrubs.

Take time to warm up before digging in. Gentle backbends and lunges are great ways to engage your muscles. Adjust your gardening activities to the weather. If it's cold, try waiting for the weather to warm. If you are stiff in the morning, try gardening a bit later in the day.

Garden for shorter periods and try to take breaks every 15 to 20 minutes. Consider adding a few benches to the landscape to encourage you to sit, relax and enjoy your handiwork.

Wear gloves to protect your hands from cuts and bruises. Gloves also keep your hands warm and provide support



Kneelers with built-in handles make moving up and down easier, protect joints and allow you to garden longer.
photo courtesy of MelindaMyers.com

as you dig, pluck and prune. Find a good-looking comfortable pair that you are likely to wear.

Protect your eyes and skin from sun damage. Wear a hat, sunglasses, and sunscreen. You'll avoid sunburns and protect your skin from long-term damage. Keep yourself hydrated by drinking plenty of water as you garden.

Including these strategies in your gardening efforts can make gardening even more beneficial and enjoyable. ♦

*Melinda Myers has written more than 20 gardening books, including the recently released **Midwest Gardener's Handbook, 2nd Edition** and **Small Space Gardening**.*

*She hosts **The Great Courses "How to Grow Anything"** instant video and DVD series and the nationally syndicated **Melinda's Garden Moment TV & radio** program. Myers is a columnist and contributing editor for **Birds & Blooms** magazine and her website is www.MelindaMyers.com.*



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[https://ncsheadstart.org/
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SENIOR LIVING



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Annual Wellness Exam is Key to a Healthy Year for Older Adults

(STATEPOINT) You've selected your insurance plan for the year. Now, it's time to start using your benefits, beginning with an annual wellness exam.

An annual wellness exam with a health care provider is important for everyone, but especially for older adults. As we age, we are more likely to develop chronic health conditions, according to Dr. J.B. Sobel, chief medical officer for Cigna Medicare, which serves hundreds of thousands of older adults through its products. An annual wellness exam can help detect potential health issues early so they can be addressed before they worsen, he added.

"By meeting with your primary care provider early in the year, you can highlight the things that are important to you, and work together to develop a plan for your care for the year ahead," Sobel said. "This will ensure you live each day with vitality, happiness and improved health."

Many providers will reach out to schedule an annual wellness exam. If your provider doesn't contact you, make

sure to call them.

A number of annual check-ups are available at no extra cost to those with Medicare. They include a "Welcome to Medicare" visit for customers who have just reached Medicare eligibility and an "Annual Wellness Exam" for existing customers. Many Medicare Advantage (MA) plans offer more extensive annual visits at no extra cost. Some even offer incentives for completing a visit. Talk with your provider and Medicare insurer about your benefits.

Each annual exam may be a little different. Regardless of the type, Sobel offers the following tips to ensure you get the most from your visit.

Prepare. Before you go, write down anything you'd like to discuss with your health care provider, including changes to your health over the past year. Bring your prescription and over-the-counter medications with you. Ask plenty of questions and take notes. You might even want to take along a family member, trusted friend or caregiver to ensure you understand everything your

provider has shared.

Be open and honest. It's tempting to make things look rosier than they are when talking to your health care provider, but minimizing what you are feeling can lead to an incorrect diagnosis or prescription. Speak openly about unhealthy habits, like smoking or lack of exercise. Your provider won't judge you. Being honest is the only way your health care provider can help you reach your goals.

Mind mental health. Your emotional health impacts your physical health. Many people think depression is a natural part of aging, but it doesn't have to be. Talk to your doctor if you are feeling sad, anxious or hopeless. Treatments, such as talk therapy, medication or both, may be covered by Medicare.

Monitor medications. Adults age 65 and older tend to take more medications than other age groups, increasing the risk for adverse reactions, such as cognitive impairment and falls. It's a good idea to take your medications to your annual wellness exam and discuss any potential problems or side effects you're experiencing. Don't forget about over-the-counter drugs, vitamins or nutritional supplements you take.

Schedule screenings and get vaccines. There are a number of important health screenings and vaccines that you may need depending on your age and gender, such as colon cancer screening, bone density test, mammogram, flu shot or COVID-19 immunization. Ask your provider about the screenings and vaccines you've had already and schedule any you need as soon as possible. You may even be able to do that before you leave the office. Also, don't forget to visit your eye doctor and dentist. These visits are covered by many MA plans as well. Find out more at www.cignamedicare.com.

"You wouldn't drive your vehicle without proper preventive maintenance, so please don't ignore preventive maintenance for your most prized possession – your health," Sobel said. "An annual wellness exam is a great place to start!" ♦



Northcoast Children's Services

TEACHER, McKinleyville

Responsible for development & implementation of classroom activities—provide support and supervision for a toddler program. Must have 12 core in ECE/CD (with 3 units in Infant/Toddler Development or Curriculum), meet Associate Teacher Level on the Child Development Permit Matrix, and one-yr. exp. teaching in a toddler setting. P/T position: 25 hrs./wk. \$18.44-\$20.33/hr.

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TEAM TEACHER, Crescent City

Responsible for the development & implementation of classroom activities for toddler age children. Must have 12 core in ECE/CD (with 3 units in Infant/Toddler Development or Curriculum), meet Associate Teacher level on Child Development Permit Matrix, and have one-yr. experience teaching in a toddler

setting. F/T 37.5 hrs./wk. M-F. \$18.69-\$19.62/hr. **Open Until Filled.**

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INTERPRETERS, Eureka, Fortuna

Assist in interpreting in class, at parent meetings and on home visits for children and families. Bilingual Spanish required. Must have 6 months' experience working with children and families. Prefer 6-12 units in Early Childhood Education. P/T 12-20 hrs./wk. \$15.88-\$17.50/hr. **Open Until Filled.**

Please note: Per grant requirements, All NCS staff are required to submit proof of a complete COVID -19 vaccination, except those who are granted an exemption. All staff who are eligible for an exemption must undergo weekly testing for SARS-CoV-2 infection. Please contact Administrative Services if you need information regarding vaccinations or exemptions.

Submit applications to:

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A Heart-Healthy Family Meal



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(FAMILY FEATURES) Making small changes to focus on your health, like following a healthy eating plan, can make a big difference in protecting your heart.

Developed by the National Heart, Lung, and Blood Institute, Dietary Approaches to Stop Hypertension (DASH) is a flexible and balanced eating plan that helps create a heart-healthy eating style for life. It requires no special foods, and instead provides daily and weekly nutritional goals to help lower two major risk factors for heart disease: high blood pressure and high LDL (bad) cholesterol.

As an added bonus, sharing DASH-friendly meals with your loved ones can help take the guesswork out of putting nutritious dinners on your family's table. For example, this easy and delicious Turkey and Beef Meatballs with Whole-Wheat Spaghetti recipe is one the entire family can help prepare.

In addition to a following a healthy eating plan, other self-care habits like taking time daily to destress, being more physically active and getting enough quality sleep can all benefit your heart. It's also important to know what your blood pressure, cholesterol and blood sugar levels are and what a healthy weight is for you.

Learn more about the DASH eating plan and find recipes at nhlbi.nih.gov/DASH.

Turkey and Beef Meatballs with Whole-Wheat Spaghetti

Recipe courtesy of the National Heart, Lung, and Blood Institute

Prep time: 20 minutes

Cook time: 20 minutes

Servings: 4

3 quarts water
8 ounces dry whole-wheat spaghetti
2 cups chunky tomato sauce
4 teaspoons grated Parmesan cheese
1 tablespoon fresh basil, rinsed, dried and chopped

Turkey Meatballs:

6 ounces 99% lean ground turkey
¼ cup whole-wheat breadcrumbs
2 tablespoons fat-free evaporated milk
1 tablespoon grated Parmesan cheese
½ tablespoon fresh chives, rinsed, dried and chopped
½ tablespoon fresh parsley, rinsed, dried and chopped

Beef Meatballs:

6 ounces 93% lean ground beef
¼ cup whole-wheat breadcrumbs
2 tablespoons fat-free evaporated milk
1 tablespoon grated Parmesan cheese
½ tablespoon fresh chives, rinsed,

dried and chopped
½ tablespoon fresh parsley, rinsed, dried and chopped

Preheat oven to 400 F.

In 4-quart saucepan over high heat, bring water to boil.

Add pasta and cook according to package directions. Drain and set aside.

To make turkey meatballs: In bowl, combine ground turkey, breadcrumbs, evaporated milk, Parmesan cheese, chives and parsley; mix well. Measure 1 ½ tablespoons turkey mixture and roll into ball using hands. Place meatball on nonstick baking sheet. Repeat until eight turkey meatballs are made.

To make beef meatballs: In separate bowl, combine ground beef, breadcrumbs, evaporated milk, Parmesan cheese, chives and parsley; mix well. Measure 1 ½ tablespoons beef mixture and roll into ball using hands. Place meatball on nonstick baking sheet. Repeat until eight beef meatballs are made.

Bake meatballs 10 minutes until minimum internal temperature of 165 F is reached.

Warm sauce, if necessary.

To serve: Serve four meatballs with ¾ cup pasta, ½ cup sauce, 1 teaspoon Parmesan cheese and 1 pinch basil per portion. ♦

Get Away Without Going Away

5 family staycation ideas that won't break your budget

(ELIVINGTODAY.COM) Family vacations are a great way to bond and take a step back from the hectic schedules that accompany everyday life, but sometimes time or money (or both) make planning an elaborate trip a non-starter.

However, a staycation — a vacation you take right in your hometown (or nearby) — can be much less expensive and fit into nearly any amount of available time with the added bonus of skipping out on potentially stressful travel.

Consider these staycation ideas to take advantage of your local area's attractions and prove you don't have to go far to spend quality time together.

Visit local landmarks. Just because it's not a traditional vacation doesn't mean you can't pretend to be tourists. Start by visiting the places you recommend to friends and family from out of town or pick up a city guidebook to uncover hidden spots you may not even know exist. Make a plan to seek out historic sites, visit local landmarks like museums or try an out-of-the-way restaurant (or two) you've never eaten at before.

Camp out in the backyard. Camping doesn't have to be done far from home. In fact, it can be done right in your own backyard. Pitch a tent to sleep under the stars and plan a night full of traditional camping activities like roasting s'mores, telling spooky stories by flashlight and trying to identify stars and constellations.

Set up a picnic in the park. Pack a basket with sandwiches, fruit and other treats and head to the park. You can enjoy a casual meal then take advantage of the open space for a family walk or game of tag before retreating to the play-



Photo courtesy of Getty Images

ground to let the little ones expel any leftover energy.

Have a home spa day. If you're looking for some relaxation but don't want to splurge on the full spa treatment, plan an at-home oasis instead. Light some candles, run a bubble bath and break out the facial masks and fingernail polish.

Visit an amusement park. No matter where you live, there's probably an

amusement or water park within driving distance. A quick online search before you arrive can help prepare a strategy for hitting the most popular thrill rides and waterslides while skipping those that may not provide quite the same entertainment value.

Find more tips and tricks for enjoying family time together at eLivingtoday.com. ♦

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Want to Get in Shape Don't Forget Your Feet

(STATEPOINT) WHILE YOU may want to shape and tone your abs, glutes and triceps, there's one often-overlooked area of the body that deserves your attention too: your feet!

"A lot of people hit the gym or dust off their home exercise equipment when resolving to get fit," says Danielle Butto, DPM, FACFAS, a board-certified foot and ankle surgeon and a Fellow Member of the American College of Foot and Ankle Surgeons (ACFAS). "But without proper precautions, a new exercise routine can cause foot and ankle injuries that could sideline you just as you're hitting your stride."

According to ACFAS, here's what to know as you follow through on your goal of getting fit:

Common Injuries

- Don't play through the pain of an ankle sprain. Avoiding treatment can not only cause further damage to the ligaments which may take much longer to heal or possibly require surgery, but you may be overlooking a more serious injury — a stress fracture.

- A stress fracture may feel like an ankle sprain at first, but you'll notice additional warning signs, such as swelling without bruising, and pain even during normal activities or when touching the area. If you have any of these symptoms, have your foot and ankle evaluated by a foot and ankle surgeon as soon as possible.

- Pain or swelling around your Achilles tendon after a workout could be indications of Achilles tendonitis.



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Untreated, a stretched or strained Achilles tendon may worsen over time, leading to stiffness and fatigue in your injured leg. Worse yet, untreated Achilles tendonitis could result in a ruptured tendon requiring surgery and a rehabilitation of several months.

- Heel pain that lasts for more than a day or two, or worsens when you stand after sitting for an extended amount of time, may be plantar fasciitis. This common condition is a result of inflamma-

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Get in Shape

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tion of the tissue extending from your heel to your toes. If caught early, your foot and ankle surgeon can recommend at-home conditioning. In late stages, plantar fasciitis is harder to treat and takes longer to resolve.

Prevention Tips

The good news? Many injuries are preventable. Foot and ankle surgeons offer five tips to help you keep your feet and ankles healthy:

1. Be smart. Consider consulting a personal trainer at first to ensure you're practicing good form, and to increase the duration and intensity of your workouts gradually and safely.

2. Stretch. Incorporate mobility and stretching into your fitness regimen, particularly before and after workouts.

3. Be footwear aware. Wear properly-fitting athletic shoes that support the arch of the foot, provide heel cushioning and are designed for the exercise in which you're engaged. These measures can help you avoid plantar fasciitis and neuromas. Wear cotton or nonslip socks to help prevent painful blisters, which can become infected and cause more serious issues, especially if you have diabetes.

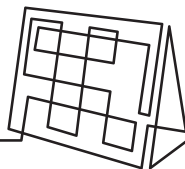
4. Guard against bacteria. Sweaty shoes, public showers, exercise equipment and the pool deck are breeding grounds for fungus, viruses and bacteria. Wear water shoes in public areas, and after workouts, and get your feet clean and dry quickly.

5. Book an appointment. Foot and ankle pain isn't normal. It signals a problem that needs to be evaluated, diagnosed and treated by a specialist who fully understands this part of the body. To find a foot and ankle surgeon near you, use the "Find a Physician" search tool at FootHealthFacts.org.

"When you exercise, your feet and ankles do a ton of work holding you up and absorbing the shock of each step you take," says Dr. Butto. "So, as you kick off your new fitness routine, don't forget to protect them." ♦

Calendar

Feb. 23 - March 9, 2023



Virtual World

ARTS & CULTURE

Equity Arcata's Community Book Club. First Monday of every month, 4-6 p.m. Virtual World, Internet, Online. Alia Dunphy and Meridith Oram discuss Adrienne Marie Brown's book *Emergent Strategy: Shaping Change, Changing Worlds*. On Zoom. Register online. equityarcata.com.

LOBA Poetry Series - Open Mic. Last Thursday of every month. Virtual World, Internet, Online. A live open mic poetry reading on Zoom on the last Thursday of each month. Teens and adults share poems in any form or style, or just listen. Email registration required. Free. carrm@mendocino-county.org.

On the Same Page Book Club. Wednesdays, 5:30 p.m. Virtual World, Internet, Online. Online book club that meets on the first Wednesday of the month on Zoom. Sign up using the Google form at forms.gle/bAs-jdQ7hKGqEgKj7.

LIFESTYLE & COMMUNITY

350 Humboldt. Fourth Thursday of every month, 6 p.m. Virtual World, Internet, Online. The local grassroots climate action group holds its general meetings on the fourth Thursday of every month on Zoom. Get Zoom info at: actionnetwork.org/events/350-humboldt-general-meeting.

English Express: An English Language Class for Adults. Tuesdays. Virtual World, Internet, Online. Build English language confidence in ongoing online and in-person classes. All levels and first languages welcome. Join anytime. Pre-registration not required. Free. englishexpressempowered.com. (707) 443-5021.

Sistahood. Saturdays, 9:30-11 a.m. Virtual World, Internet, Online. For women teenagers and older on Zoom, to build healthy relationships and strengthen ties through validation and affirmation. Music from 9:30 a.m., open conversation from 9:45 a.m.,

meditation with the Sista Prayer Warriors from 10:45 a.m.

Volunteer Orientation Food for People.

Mondays, 3:30-4:30 p.m. and Thursdays, 3-4 p.m. Virtual World, Internet, Online. Help fight hunger and improve nutrition in the community. Visit the website to be invited to a Zoom orientation. Free. volunteer@foodforpeople.org. foodforpeople.org. (707) 445-3166, ext. 310.

Curry County

LIFESTYLE & COMMUNITY

Puzzle Exchange. First Tuesday of every month, 11 a.m.-noon. Gold Beach Community Center, 29841 Airport Way. First Tuesday of every month.

Del Norte County

LIFESTYLE & COMMUNITY

Cornhole Tournament. Sat., Feb. 25, 1 p.m. Crescent City Veterans Hall, 810 H Street. Registration and warm ups start at 12 p.m. Fundraiser will benefit Del Norte Warrior Softball. Indian Tacos will be available to purchase for \$10.

Ocean Air Farms Farm Stand. Saturdays, 10 a.m.-3 p.m. Ocean Air Farms, 2420 Moorehead Road, Crescent City. Roadside farm stand offering homegrown organic veggies and produce.

Trinity County

ARTS & CULTURE

Wild & Scenic Film Festival. Sat., March 4, 6 p.m. Trinity Alps Performing Arts Center, 101 Arbuckle Court, Weaverville. Learn about environmental stewardship and activism through two hours of films, while directly supporting local youth programs. Doors open at 5:30 p.m. and the show will start promptly at 6 p.m. Free. tapaonline.org.

LIFESTYLE & COMMUNITY

Trinity County Art Council's Art Walk. Sat., March 4, 5-8 p.m. Historic Downtown Weaverville, Weaverville. Art, including re-

ceptions for featured artists, refreshments, music and activities on the first Saturday of each month.

NIGHTLIFE

Open Mic Night. Thursdays, 4-7 p.m. Trinity County Brewing Co., 301 Main Street (State Route 299), Weaverville. Food, music, beer and friends.

Humboldt County

ARTS & CULTURE

'No Strings Attached' Trivia. Tuesdays, 6-8 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Enjoy trivia games hosted by local comedians and compete for prizes. Trivia is followed by a feature comedy show at 9 p.m. Free. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

Akira (1988). Fri., Feb. 24, 8-11:15 p.m. Arcata Theatre Lounge, 1036 G St. Japanese animated sci-fi action film directed Katsuhiro Otomo and written by Otomo and Izo Hashimoto. \$8, \$15 w/poster. info@arcatatheatre.com. facebook.com/events/1290408008188961/. (707) 613-3030.

Art Club. First Wednesday of every month, 6:30-8:30 p.m. Redwood Retro, 211 G St., Eureka. Come for the conversation and bring your own project be provided with materials and instruction for one for an additional fee. Sign up and this month's project online. \$22. stainedghost.com.

Arts Alive. First Saturday of every month, 6-9 p.m. Historic Old Town Eureka, Second Street. Art, and a heap of it, plus live music. All around Old Town and Downtown, Eureka. Free. eurekamainstreet.org. (707) 442-9054.

Bayside Ballads and Blues. Wednesdays, 6-8 p.m. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Every Wednesday.

Bingo & Beer At The Gyppo Ale Mill. Wed., March 8, 6-8 p.m. Gyppo Ale Mill, 1661 Upper Pacific Drive, Shelter Cove. Join host Davey G every other Wednesday for this family-friendly game of numbers. Get one card free and additional cards with food and drink orders. Free. family@gyppo.com. gyppo.com/calendar-of-events. (707) 986-7700.

Bored Games. Thursdays, 6-8 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Every Thursday night we pull out the board games and it's free play. Snacks, drinks and

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Calendar

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laughs. All ages w/caution for language. Age 21 and up w/ID to drink. Free, donations accepted. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

Bull in a China Shop. Fri., Feb. 24. Redwood Curtain Theatre, 220 First St., Eureka. Fast-paced comedy inspired by the real letters between Mary Woolley and Jeannette Marks spanning from 1899 to 1937. Through March 11. redwoodcurtain.com.

Cal Poly Humboldt Jazz Orchestra and Wind Ensemble. Sat., Feb. 25, 8 p.m. Fulkerson Recital Hall, California Polytechnic University Humboldt, Arcata. The Wind Ensemble performs dances from *West Side Story* and more. The Jazz Orchestra performs standards from Count Basie's Orchestra and Duke Ellington, among others. \$10, \$5 child, Free for Cal Poly Humboldt students with ID. mus@humboldt.edu.

Cal Poly Humboldt Recital Series:

Garrick and Rex Woods. Sun., Feb. 26, 2 p.m. Fulkerson Recital Hall, California Polytechnic University Humboldt, Arcata. The father and son duo perform sonatas by Barber and Poulenc, Tchaikovsky's "Autumn Song," as well as an original composition by Garrick Woods. \$15, \$5 child, \$5 Cal Poly students, \$7 livestream.

Comedy Humboldt Open Mic. First Thursday of every month, 8-10 p.m. Clam Beach Tavern, 4611 Central Ave., McKinleyville. Tell your jokes.

Dances of Brazil. Thursdays, 5:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Learn Brazilian dances with instructors Rocío Cristal and María Vanderhorst. All levels. Limited to five people. Register online. \$15. talavera.rocio@gmail.com.

Dirty Dancing. Sat., Feb. 25, 7:30-10 p.m. Eureka Theater, 612 F St. Frances "Baby"

Houseman steps into the shoes of a professional hooper and falls in love. Doors at 6:30 p.m. \$10, \$5 ages 12 and under. info@theeurekaheater.com. eureka-theater.org/event/dirty-dancing/. (707) 442-2970.

Do The Right Thing (1989) - A Spike Lee

Joint. Sun., Feb. 26, 5-8 p.m. Arcata Theatre Lounge, 1036 G St. Pre-show at 5 p.m. Movie at 6 p.m. Rated R. All ages. \$8, \$12 w/poster. info@arcatatheatre.com. [facebook.com/events/887368202718649/](https://www.facebook.com/events/887368202718649/). (707) 613-3030.

Escape From Earth. Fri., Feb. 24, 9 p.m. The Historic Eagle House, 139 Second St., Eureka. Arcane artists, Fourthwall Productions and the Historic Eagle House team up to create an unforgettable, intergalactic experience complete with out-of-this-world visuals and the sounds of Modern Future, Fillip Rally and ZERA. Doors at 8:30 p.m. \$20, \$15 advance.

Eureka Symphony Sounds of Spring. March 3-4, 8 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. "Karelia Overture," op. 10 by Finnish composer Jean Sibelius, cellist Peter Kibbe performing a new piece by his father, local composer Michael Kibbe and Felix Mendelssohn's "Symphony No. 3 in A minor 'The Scottish.'" \$19-\$49 (RUSH tickets at door at 7 p.m. are \$10 with student ID, \$15 adult).

Farm to Table: Late Night Comedy. Saturdays, 11 p.m.-1:30 a.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Baseball Robby curates this small batch artisanal stand-up comedy showcase. \$5. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

International Guitar Night. Tue., Feb. 28, 7 p.m. Van Duzer Theatre, Cal Poly Humboldt, Arcata. Ticket info at centerarts.humboldt.edu.

Jay Leno. Sun., Feb. 26, 4 & 7:30 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. Ticket info at centerarts.humboldt.edu.

Jim Henson's Labyrinth. Sun., March 5, 5-8 p.m. Arcata Theatre Lounge, 1036 G St. Pre-show at 5 p.m. Movie at 6 p.m. Rated PG. All ages. \$8, \$12 admission and poster. info@arcatatheatre.com. [facebook.com/events/852382845873628/](https://www.facebook.com/events/852382845873628/). (707) 613-3030.

John Craigie w/The Ballroom Thieves. Wed., March 1, 8 p.m. Van Duzer Theatre, Cal Poly Humboldt, Arcata.

Kenny Bowling. Fridays, 9-midnight. Clam Beach Tavern, 4611 Central Ave.,



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Latin Peppers. Sat., Feb. 25, 8 p.m. Arcata Playhouse, 1251 Ninth St. Dance to the Latin Peppers' high-energy salsa and Latin dance music with an Afro-Cuban feel. Local beer and kombucha on tap, wine and specialty cocktails, and fresh baked cookies and popcorn. \$15. info@arcataplayhouse.org. playhousearts.org/events/latin-peppers/. (707) 822-1575.

Line Dancing in the Grand Theater Ballroom. Second Wednesday of every month, 6:30-8:30 p.m. The Historic Eagle House, 139 Second St., Eureka. Instructor led. All skill levels welcome. Dressing to impress (cowboy/girl hats, boots and belt buckles) encouraged. Ages 21 and up. \$10. trex@historiceaglehouse.com. fb.me/e/2DvF7KE9o. (707)-407-0634.

Live Music. Fridays, 6-8:30 p.m. Fieldbrook Market & Eatery, 4636 Fieldbrook Road. Every Friday, local bands play folk, bluegrass, Americana. Always family friendly. Check Facebook or Instagram for updates on who's playing. Free. fieldbrookmarket@gmail.com. (707) 633-6097.

McKinleyville Community Choir Rehearsal. Thursdays, 6:30-8:30 p.m. Arcata Presbyterian Church, 670 11th St. Join if you like to sing or play an instrument. Reading music or prior experience not necessary. Rehearsals are every Thursday evening. ccgreene46@gmail.com. (831) 419-3247.

Meow Wolf: Origin Story (2019) - Fundraiser for Fistula Foundation. Thu., Feb. 23, 6:30-9 p.m. Arcata Theatre Lounge, 1036 G St. Immersive, interactive experience. Pre-show @ 6:30 p.m. Movie at 7 p.m. Not rated. All ages. Benefits women suffering with obstetric fistula. \$10 suggested donation. info@arcatatheatre.com. facebook.com/events/928513788523355/. (707) 613-3030.

Midnight Movie: Gummo (1997). Fri., March 3, 11 p.m.-1:45 a.m. Arcata Theatre Lounge, 1036 G St. Pre-show at 11 p.m. Movie at 11:59 p.m. Rated R. Ages 16 and up. Set in the tornado devastated and forgotten town of Xenia, Ohio. Immerse yourself in the fragmented and surreal world of *Gummo*. \$8, \$12 admission and poster. info@arcatatheatre.com. facebook.com/events/2668453483327994/. (707) 613-3030.

Monthly Sing-along. First Thursday of every month, 7-9:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Sing your favorite folk, pop and

rock songs of the '60s and '70s. Songbooks provided. \$3. joel@asis.com. (707) 407-6496.

Never After Happily. Fridays, Saturdays, 8 p.m. and Sundays, 2 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. Original family-friendly comedy about what happens to our favorite fairy tale characters after the happy ending. \$15, \$10 for students and seniors. ncrt.net.

One Night of Queen. Fri., March 3, 8 p.m. Van Duzer Theatre, Cal Poly Humboldt, Arcata. Ticket info at centerarts.humboldt.edu.

Open Mikey. Wednesdays, 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. The longest running comedy open-mic in the county. Sign up at 9 p.m. for a five-minute set. Show at 9:30 p.m. Snacks, drinks, zero hate speech tolerated. All-ages w/caution for language. Free, donations accepted. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

Opera Alley Cats. Tuesdays, Fridays, 7-10 p.m. The SpeakEasy, 411 Opera Alley, Eureka. Professional-level jazz twice a week with cool vibes and great people. Free. thespeak-easybar@yahoo.com. facebook.com/speak-easyeureka. (707) 444-2244.

Please Don't Leave. Fridays, 11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Scott Hoyle runs this improv-based comedy show with a rotating panel of the best local comedians and touring comics. \$5. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

Renaissance Church. Sun., Feb. 26, 12:30-1:30 p.m. Body High Pole Dance, 445 I St, Arcata. Full body workout and stretch to the *Renaissance* album by Beyoncé. All dance levels invited to join in on easy to follow hip hop, dancehall and ballroom routines. With Mo Desir. \$5 suggested donation. Admin@

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Calendar

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MoHDCreates.com. mohdcreates.com/schedule-of-events. (707) 633-3137.

Seven Samurai (1954). Sat., March 4, 6-10:45 p.m. Arcata Theatre Lounge, 1036 G St. Pre-show at 6 p.m. Movie at 7 p.m. Not rated. All ages. A night of sword-swinging action and heart-wrenching drama directed by the legendary Akira Kurosawa. \$8, \$12 admission and poster. info@arcatatheatre.com. facebook.com/events/1476016872928123/. (707) 613-3030.

Stand-up Comedy Workshop. Sundays, 7-8 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Led by local stand-up comic Jessica Grant. Bring a pen or pencil, and circle up to talk shop about jokes. Open to anyone interested in performing stand-up comedy. Drop-ins welcome. Free, donations accepted. JessicaGrantComedy@gmail.com. savagehenrycomedy.com. (707) 845-8864.

Sunday Jazz Jams. Sundays, 5:30-8:30 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. Every Sunday. Jazz players, all ages, all levels. Bring your ax and play some Real Book tunes. Everybody who wants to plays. Free. blondiesfoodanddrink@gmail.com. blondiesfoodanddrink.com. (707) 822-3453.

Sunday Open Mic. Sundays, 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Sign-ups at 9 p.m., show at 9:30 p.m., local favorite features for the 10@10. Comics get five minutes. Zero hate speech tolerated. All-ages w/caution for language. Snacks, drinks. Free, donations accepted. info@savagehenrycomedy.com. savagehenrycomedy.com. (707) 845-8864.

The Garbervillians. Sat., March 4, 5-8 p.m. Gyppo Ale Mill, 1661 Upper Pacific Drive, Shelter Cove. The Southern Humboldt rock band plays original songs covering multiple genres. Free. family@gyppo.com. www.gyppo.com. (707) 986-7700.

Thinkin' & Drinkin'. Tue., Feb. 28, 6-8 p.m. Gyppo Ale Mill, 1661 Upper Pacific Drive, Shelter Cove. Humorous trivia with David Gilchrist. family@gyppo.com. gyppo.com/calendar-of-events. (707) 986-7700.

Thursday Night Art. Thursdays, 4-7 p.m. The Sanctuary, 1301 J St., Arcata. Bring your own supplies or use what's around to collage, paint, draw, make an art book. Bring an instrument to jam in the Great Hall. Free, \$5-\$20 donation appreciated. sanctuaryarcata.org.

Tiptons Sax Quartet. Fri., March 3 and Sat., March 4. Arcata Playhouse, 1251 Ninth St. Jazz saxophone quartet. arcataplayhouse.org.

LIFESTYLE & COMMUNITY

Abbey of the Redwoods Flea Market. First Saturday of every month, 8 a.m.-4 p.m. Grace Good Shepherd Church, 1450 Hiller Road, McKinleyville. Local arts, products, goods. Free entry.

Adult Skate Night. Last Saturday of every month, 6:30-9:30 p.m. Fortuna Skating Rink, Rohner Park. 18 and older only. IDs checked at door. Alcohol and drug-free event. \$5.50, includes skate rental.

Arcata Plaza Farmers Market. Saturdays, 10 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Fresh produce, meat, fish, cheese, eggs, bread, flowers and more. Enjoy music (during the main season) and hot food vendors at this family-friendly event. Free. info@northcoastgrowersassociation.org. northcoastgrowersassociation.org/arcataplaaza.html. (707) 441-9999.

Audubon Guided Field Trip - Southern Humboldt. Sat., Feb. 25, 8:30-11 a.m. Tooby Memorial Park, Garberville, Garberville. This walk includes 2-3 miles of gentle walking through riparian, grassland and mixed hardwood forests. Meet at the parking lot on the fourth Saturday of every month and the trip leaders vary by month and rain. Free. rras.org.

Audubon Guided Field Trip to Big Lagoon. Sun., Feb. 26, 8:30-10:30 a.m. Big Lagoon, 510 Big Lagoon Park Rd., Trinidad. Join trip leader Carol Wilson for a Big Lagoon birding adventure. Sparrows, blackbirds, corvids and the occasional kestrel frequent this beautiful landscape. Meet at the Big Lagoon County Parking lot (cash fee of \$5 for day use). Free. capepeirce@yahoo.com. www.rras.org.

Audubon Guided Field Trip w/Elizabeth Meisman. Sat., Feb. 25, 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring binoculars and meet trip leader Elizabeth Meisman at the end of South I Street (Klopp Lake) for easy-to-walk trails, a view of Humboldt Bay, possible otter sighting and a diverse range of overwintering birds, including ducks, shorebirds, herons and egrets, raptors and songbirds. Free. www.rras.org.

Bingo Night. Fourth Tuesday of every month, 6-9 p.m. Redwood Curtain Brewing

Co. Myrtle Ave. Tasting Room, 1595 B Myrtle Ave., Eureka. Beer-ingo! Free. (707) 269-7143.

Community Stewardship Day. Fourth Sunday of every month, 10 a.m.-1 p.m. Seawood Cape Preserve, 2265 Patricks Point Drive, Trinidad. Remove invasive plant species at Seawood Cape Preserve. Wear long sleeves, pants, hats and sturdy shoes, and bring water. Register online. Free. seawoodcapepreserve@wildlandsconservancy.org. Seawood-Cape-Preserve_Community-Stewardship-Days.eventbrite.com. (707) 633-9132.

Entrepreneur's Club of Arcata. First Monday of every month, 4-5 p.m. Northtown Coffee, 1603 G St., Arcata. Share your ideas. Learn business skills. Network. Open to all. Free. (925) 214-8099.

FOAM Marsh Tour. Sat., Feb. 25, 2 p.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Meet leader Andy Feinstein in the lobby of the Interpretive Center on South G Street for a 90-minute, rain-or-shine walk focusing on Marsh ecology, local history and Arcata's innovative wastewater treatment facility. Masks are strongly recommended inside the building. Free. (707) 826-2359.

Founders Grove Winter Walks. Fri., Feb. 24, 2-3 p.m. Humboldt Redwoods State Park, 17119 Avenue of Giants, Weott. A guided walk through Founders Grove Loop with information on cultural and natural history. Meet by the Founders Grove park restrooms on Dyerville Loop Road. Bring comfortable walking shoes, water and maybe a rain jacket. Walks are 0.6 miles long on an ADA trail and take about one hour. Free. humboldtredwoods.org.

Gould Grove Winter Walks. Sat., Feb. 25, 11 a.m.-noon and Sat., March 4, 11 a.m.-noon. Humboldt Redwoods State Park, 17119 Avenue of Giants, Weott. A guided walk with information on cultural and natural history. Meet in front of the Humboldt Redwoods State Park Visitor Center. Bring comfortable walking shoes, water and maybe a rain jacket. Walks are 0.6 miles long, on an ADA trail and take about 1 hour. Free. humboldtredwoods.org.

Humboldt Flea Market. First Sunday of every month, 9 a.m.-3 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. New location. Masks and safe social distancing required. Browse antiques, collectibles, tools, records, clothes, crafts, pies, jams and more. \$2, free for kids under 13.

Humboldt Grange Breakfast. Fourth Saturday of every month, 8-11 a.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Eggs, sausage (link or patties), pancakes, biscuits and gravy, coffee, tea, cocoa, juice, family, friends and community. Dine in or take out. \$10, free for kids under 5. facebook.com/humboldt.grange.

Humboldt Jewish Music and Culture Festival. Countywide, Locations throughout Humboldt County, Humboldt. The fourth annual festival featuring the San Francisco Yiddish Combo presenting two concerts and two workshops, runs through Feb. 26, both in person and on Zoom. Full schedule online. Prices vary. templebetheleureka.org.

Humboldt Stamp Collectors' Club. Fourth Tuesday of every month, 6-8 p.m. Humboldt Senior Resource Center, 1910 California St., Eureka. New collectors and experts welcome. Learn about stamps, collecting and see local experts in stamps share their collections. Free. humstampclub@gmail.com.

Kid's Night at the Museum. Fridays, 5:30-8 p.m. Redwood Discovery Museum, 612 G St., Eureka. Drop off your 3.5-12 year old for interactive exhibits, science experiments, crafts and games, exploring the planetarium, playing in the water table or jumping into the soft blocks. \$17-\$20. info@discovery-museum.org. discovery-museum.org/classesprograms.html. (707) 443-9694.

Knights of Columbus Pancake Breakfast. First Sunday of every month, 8:30 a.m.-noon. St. Bernard Church, 615 H St., Eureka. First Sunday of the month pancake breakfast. In the parish hall. \$10 adults, \$4 children.

Language Exchange Meetup. First Friday of every month, 5-7 p.m. Familia Coffee, 1350 Ninth St., Arcata. Speak your native language. Teach someone a language. Learn a language. familiacoffees.com/. (925) 214-8099.

Look Closer and Make Connections. Tuesdays-Saturdays, 10 a.m.-5 p.m. Natural History Museum of Cal Poly Humboldt, 1242 G St., Arcata. Explore new exhibits and activities, including a grizzly bear specimen, Discovery Boxes, microscopes, puzzles, scavenger hunts and more. \$3. natmus@humboldt.edu. natmus.humboldt.edu. (707) 826-4479.

Mardi Cause. Sat., Feb. 25, 6-9 p.m. Sequoia Conference Center, 901 Myrtle Ave., Eureka. Sequoia Humane Society's fundraiser includes a live auction, silent auction, raffles,

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Calendar

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food, alcohol and live music. Purchase tickets or sponsorship packages online. \$75 per person, sponsorship packages vary. sequoiahumane.org/MardiCause2023. (707) 442-1782.

Monthly Meeting VFW Post 1872. First Tuesday of every month, 6-7 p.m. Redwood Empire VFW Post 1872, 1018 H St., Eureka. Calling all combat veterans and all veterans eligible for membership in Veterans of Foreign Wars to meet comrades and learn about events in the renovated Memorial Building. Free. PearceHansen999@outlook.com. (707) 443-5331.

Richardson Grove State Park Winter Walks. Sat., Feb. 25, 11:30 a.m.-12:30 p.m. Richardson Grove State Park Visitor's Center, 1600 U.S. Highway 101 #8, Garberville. A guided walk with information about the park's cultural and natural history. Bring comfortable walking shoes, water and maybe a rain jacket. Walks are 0.5 miles long and about one hour on an ADA trail on Exhibit Trail or Nature Loop. Free.

Walk in the Park Fitness. Saturdays, 10-11 a.m. Sacco Amphitheater, 1101 Waterfront Drive, Eureka. Join Samantha from Eden Personal Fitness for a functional fitness walk down Waterfront Trail. All fitness levels welcome. Check weather and dress accordingly. Free. edenpersonalfitness@gmail.com. edenpersonalfitness.com. (707) 362-9004.

Wigi Wetlands Volunteer Workday. Sat., Feb. 25, 9-11 a.m. Wigi Wetlands, Behind the Bayshore Mall, Eureka. Help create bird-friendly native habitats and restore a section of the bay trail by removing invasive plants and trash. Meet in the lot behind Walmart. Tools, gloves and packaged snacks provided. Please bring your own drinking water. Free. jeremy.cashen@yahoo.com. rras.org. (214) 605-7368.

Zero to Fierce Festival. March 6-12. Arcata Playhouse, 1251 Ninth St. Celebrating creative women in our community. arcataplayhouse.org.

NIGHTLIFE

Karaoke. Tuesdays, 8 p.m. Firewater Lounge, Cher-Ae Heights Casino, 27 Scenic Drive, Trinidad. Pick a song and sing.

Reel Genius Trivia at Humboldt Cider Co.. Mon., March 6, 6-8 p.m. Humboldt Cider Company - Taproom, 517 F St, Eureka.

General trivia fun. Free to play. Max seven per team. Prizes for winners. Outside food encouraged. Free. partners@reelgeniustrivia.com. fb.me/e/3PzLJiRJA. (707) 601-1606.

Science on Tap. First Wednesday of every month, 6-7:30 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. Education can be fun! Come and drink some beer and hear a local professor blind you with science. Free. blondiesfoodanddrink.com.

Throw 'Em Back Thursdays. First Thursday of every month, 9 p.m. Wave Lounge, Blue Lake Casino, 777 Casino Way. DJ Statik spinning throwback, hip hop and R&B. Free. bluelakecasino.com/entertainment/wave.

Thursday-Friday-Saturday Canteen. Saturdays, 3-9 p.m. Redwood Empire VFW Post 1872, 1018 H St., Eureka. See the newly remodeled Memorial Building and enjoy a cold beverage in the canteen with comrades. Play pool or darts. If you're a veteran, this place is for you. Free. PearceHansen999@outlook.com. (707) 443-5331.

Trivia Night. First Monday of every month, 6-9 p.m. Redwood Curtain Brewery & Tasting Room, 550 South G St., #4, Arcata. Test your knowledge while enjoying craft beer. The winning team wins a Redwood Curtain gift card. Free. redwoodcurtainbrewing.com. (707) 826-7222.

Mendocino County

ARTS & CULTURE

Mendocino Community Jam. First Sunday of every month, 3-5 p.m. Community Center of Mendocino, 998 School St. A gathering of people who enjoy creating music with others. We'll go around the circle and when it's your turn, you can lead a song, choose a song and ask others to lead it, or pass. Feel free to bring songs to share. The *Rise Up Singing* books are full of good songs. Instruments welcome. Free.

LIFESTYLE & COMMUNITY

First Friday Art Walk. First Friday of every month, 5-8 p.m. Downtown Ukiah, Ukiah. Join artists and their hosts for an evening of art, music and refreshments as you stroll from one venue to the next; each showcasing local art and artistry.

Fort Bragg Farmers Market. Wednesdays, 2-4:30 p.m. Fort Bragg Farmers Market, N Franklin St. & E Laurel St. Seasonal fruits, vegetables, organic and free range beef and pork and eggs, wild-caught local fish and

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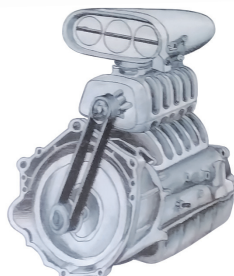
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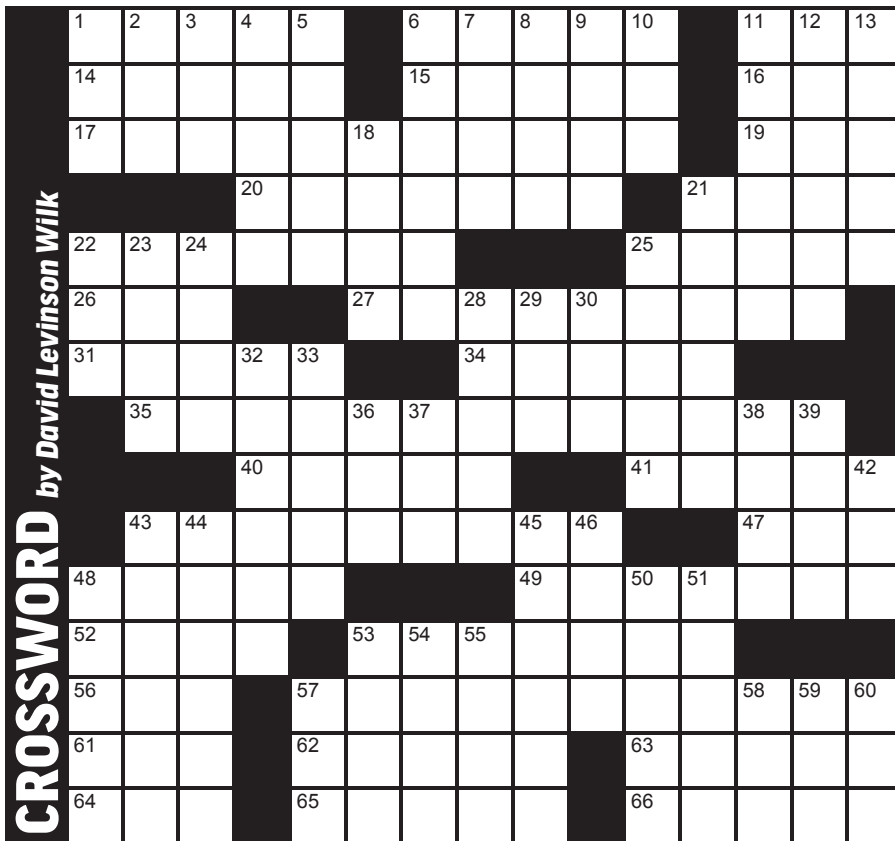
seafood, artisan goat cheese, sweets, breads, flowers and plants. Plus, hot food, live music.

Historic Walking Tours of Mendocino.

Saturdays, Sundays. Guest House Museum, 343 N Main St., Fort Bragg. Join local history experts on a two-hour walk through Mendocino's famous Historic District. Book via email. Face coverings required. Well-behaved dogs allowed but must remain outside at some stops. \$50 for up to four people, \$75 for party of six. tours@KelleyHouseMuseum.org.

Thursday Garden Tours. Thursdays, 1-3 p.m. Mendocino Coast Botanical Gardens, 18220 North Highway 1, Fort Bragg. These weekly one-hour introductory tours of the Mendocino Coast Botanical Gardens focus on the gardens' many plant collections. Free with regular gardens admission, free for members. gardenbythesea.org.

Ukiah Farmers Market. Saturdays, 9 a.m.-noon. Alex Thomas Plaza, School and Clay streets, Ukiah.



POTS AND PANS — Answers in the next edition

ACROSS

1. A stripper takes it off
6. Conspiring group
11. Weirdo
14. "You're preaching to the choir!"
15. Actors Sharif and Epps
16. Sorbonne one
17. Structure for someone who is out of breath?
19. E-file preparer
20. The tiniest bit
21. Chowder ingredient
22. Barely eats
25. Noted preschool sequence
26. Screening org.
27. Police action that recovers stolen toilets?
31. Wanted poster word
34. Ones holding their horses?
35. Command from Dick and Jane to their distracted dog?
40. Prime Minister between Netanyahu and Sharon
41. Newspaper publishers hate running them
43. Bridge inspection?
47. LP's 33 1/3, e.g.
48. University in Medford, Massachusetts
49. Response to "Who, me?"
52. Kate Winslet's title character in a 2001 film
53. ___ cat
56. "___ who?!"
57. Cookware featured (in a way) in this puzzle
61. Prepare to plant, perhaps
62. Senator Hatch
63. Quarterback who, in 2007, became the first college sophomore to win the Heisman Trophy
64. Chad hangs there: Abbr.
65. Sauce made with pine nuts
66. Provide an address?

DOWN

1. "Great Expectations" boy
2. Wanted poster letters
3. Quaint lodging
4. Unacceptable
5. Major League team that has won the World Series two times, appropriately
6. Literally, "I think"
7. "I ___ proud of you!"
8. Bangkok currency
9. Locale
10. You can trip on it
11. Atomic centers
12. Like volunteer work
13. Dos little words?
18. Kind of tide
21. Valerie Plame was one for 18 years
22. Mom-and-pop org.
23. Tierra surrounded by agua
24. "I Am ___" (2015 reality TV debut)
25. Young's partner in accounting
28. Tot's wheels
29. Formula One driver ___ Fabi
30. Yang's go-with

32. Opportunities to swing
33. Hannity and Penn
36. Atomic energy org.
37. 1995 Eazy-E hit "Just ___ Let U Know"
38. Grand Ole ___
39. "___ the mornin'!"
42. Church-founded Dallas sch.
43. Certain about
44. Pharmaceutical giant whose products range from Advil to Zolof
45. Storied duelist with a large nose
46. Sharp
48. Campbell of "Martin"
50. Increase
51. On a sugar high, say
53. Nursing a grudge
54. Some basketball players: Abbr.
55. "___ turns out ..."
57. Uncorking noise
58. Attorney's org.
59. "Fat chance!"
60. "The Girl With the Dragon Tattoo" setting: Abbr.

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MY NAME IS SULLY

Terrier. Young Male, Small.



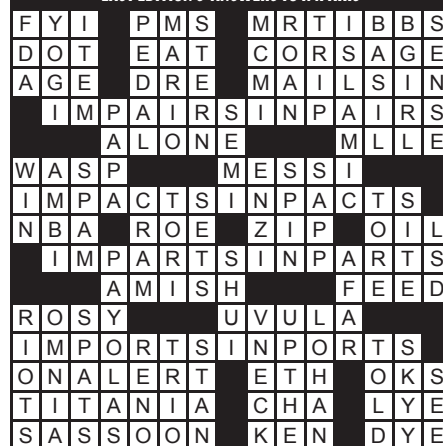
MY NAME IS DENISE

Domestic, Short Hair. Young, Female, Small.



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LAST EDITION'S ANSWERS TO IMPAIRS



HOME COUNTRY

By Slim Randles



MRS. FORREST HAS always been a compulsive feeder. Before she retired, she was cooking for the Mule Barn truck stop's customers, and is singularly responsible for about three flabby tons of avoirdupois on this nation's truck drivers, and may have been marginally responsible, third-hand, for a cardiac event or two.

But now she's retired, and a widow, and her kids all have kids and are scattered like a covey of quail. Local bachelors of a certain age know if they should just happen to be chatting with Mrs. Forrest on her front lawn along about

supper time, there's a dang-near dead certainty they'll get a meal out of it.

And, through the magic of telepathic communication and the synchronistic wave lengths of humanity, the message about Mrs. Forrest's unstoppable feeding compulsion had somehow reached the psyches of the homeless.

At any rate, two of the aforementioned drifters had knocked on Mrs. Forrest's door and asked if there were any chores she needed done in exchange for some food. Well, you should've seen her eyes light up at that question. She said she had a bunch of firewood that

needed to be split into kindling and if they didn't mind doing that, she'd fix them a chicken dinner with cream gravy. Mrs. Forrest puts cream gravy on everything.

So she busied herself in the kitchen, and then went out to see how these fellows were doing. And there, leaning on an axe handle, was one of them, and the other was doing gymnastics in and around the woodpile. It was amazing. He'd come out of a round-off flip flop and then gracefully go into a full layout Sukuhara with a right-hand twist. She watched in awe for a few minutes before whispering to this gymnast's partner.

"I had no idea your friend was an acrobat," she whispered.

He looked at her and whispered back, "Neither did I 'til I cracked him on the shin with this axe." ♦

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MY NAME IS ALLY

Mixed Breed SPAYED female, 8 years old and 58 pounds.



MY NAME IS PUMPKIN

4 years old, NEUTERED male, domestic short hair, orange tabby.



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